



**ĐoeÑ(Đ»Đ<sup>3/4</sup> Ñ€ÑfÑ†Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>1</sup> Ñ€Đ°Đ±Đ<sup>3/4</sup>Ñ,Ñ< Đ<sup>2</sup>  
 Đ•Đ Đ¶Đ<sup>1/2</sup>ĐµĐ<sup>1/4</sup>  
 Đ•Đ<sup>3/4</sup>Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ€Đ<sup>3/4</sup>Đ´Đµ, Đ°ÑfĐ¿Đ,Ñ,Ñ€  
 Ñ,Đ<sup>3/4</sup>Đ<sup>2</sup>Đ°Ñ€Ñ<  
 Đ´Đ»Ñ• Đ<sup>1/4</sup>Ñ<Đ»Đ<sup>3/4</sup>Đ<sup>2</sup>Đ°Ñ€ĐµĐ<sup>1/2</sup>Đ,Ñ•.**

*ĐoeÑ(Đ»Đ<sup>3/4</sup>Đ<sup>2</sup>Đ°Ñ€Đ<sup>1/2</sup>Đ<sup>1/2</sup>.Ñ€Ñ,,*

**Đ-Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ°**



**Đ-Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° (Essential oils)** â€“ Đ°Đ<sup>3/4</sup>Đ<sup>1/2</sup>Ñ†ĐµĐ<sup>1/2</sup>Ñ,Ñ€Đ,Ñ€Đ<sup>3/4</sup>Đ<sup>2</sup>Đ°Đ<sup>1/2</sup>Đ<sup>1/2</sup>Ñ<Đµ  
 Đ´ÑfÑ•Đ,Ñ•Ñ,Ñ<Đµ Đ<sup>2</sup>ĐµÑ%ĐµÑ•Ñ,Đ<sup>2</sup>Đ°, Đ<sup>1/2</sup>Đ°Đ•Ñ<Đ<sup>2</sup>Đ°ÑŽÑ,Ñ•Ñ• Ñ,Đ°Đ°Đ¶Đµ Đ»ĐµÑ,ÑfÑ†Đ,Đ<sup>1/4</sup>Đ,  
 Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ°Đ<sup>1/4</sup>Đ. Đ¶Đ»Đ<sup>3/4</sup>Đ<sup>2</sup>Đ° Â«Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<ĐµÂ» Đ, Â«Đ»ĐµÑ,ÑfÑ†Đ,ĐµÂ»  
 Đ¿Đ<sup>3/4</sup>Đ´Ñ†ĐµÑ€Đ°Đ,Đ<sup>2</sup>Đ°ÑŽÑ, Đ<sup>3/4</sup>Ñ,Đ»Đ,Ñ†Đ,Đµ Ñ•Ñ,Đ,Ñ... Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ» Đ<sup>3/4</sup>Ñ, Đ<sup>3/4</sup>Ñ•Ñ,Đ°Đ»Ñ€Đ<sup>1/2</sup>Ñ<Ñ...  
 Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ» Đ¶Đ,Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ,Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup> Đ, Ñ€Đ°Ñ•Ñ,Đ,Ñ,ĐµĐ»Ñ€Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup>  
 Đ¿Ñ€Đ<sup>3/4</sup>Đ,Ñ•Ñ...Đ<sup>3/4</sup>Đ¶Đ´ĐµĐ<sup>1/2</sup>Đ,Ñ•, Đ<sup>1/4</sup>Đ,Đ<sup>1/2</sup>ĐµÑ€Đ°Đ»Ñ€Đ<sup>1/2</sup>Ñ<Ñ... Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ». Đ´Đ<sup>1/4</sup>ĐµĐ<sup>1/2</sup>Đ<sup>1/2</sup>Đ<sup>3/4</sup>  
 Đ±Đ»Đ°Đ<sup>3/4</sup>Đ´Đ°Ñ€Ñ• Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đ<sup>1/4</sup> Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ°Đ<sup>1/4</sup> Đ°Đ°Đ¶Đ´Đ<sup>3/4</sup>Đµ Ñ€Đ°Ñ•Ñ,ĐµĐ<sup>1/2</sup>Đ,Đµ  
 Đ,Đ<sup>1/4</sup>ĐµĐµÑ, Ñ•Đ<sup>2</sup>Đ<sup>3/4</sup>Đ<sup>1</sup> Đ<sup>1/2</sup>ĐµĐ¿Đ<sup>3/4</sup>Đ<sup>2</sup>Ñ,Đ<sup>3/4</sup>Ñ€Đ,Đ<sup>1/4</sup>Ñ<Đ<sup>1</sup> Đ•Đ°Đ¿Đ°Ñ...; Đ<sup>3/4</sup>Đ<sup>1/2</sup>Đ, Đ<sup>1/4</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup>ÑfÑ,  
 Ñ•Đ<sup>3/4</sup>Đ´ĐµÑ€Đ¶Đ°Ñ,Ñ€Ñ•Ñ• Đ<sup>2</sup> Ñ€Đ°Đ•Đ»Đ,Ñ†Đ<sup>1/2</sup>Ñ<Ñ... Ñ†Đ°Ñ•Ñ,Ñ•Ñ... â€“ Đ<sup>2</sup> Đ°Đ<sup>3/4</sup>Ñ€Đ<sup>1/2</sup>Ñ•Ñ...,  
 Đ´Ñ€ĐµĐ<sup>2</sup>ĐµÑ•Đ,Đ<sup>1/2</sup>Đµ, Ñ•ĐµĐ<sup>1/4</sup>ĐµĐ<sup>1/2</sup>Đ°Ñ..., Ñ•Đ<sup>1/4</sup>Đ<sup>3/4</sup>Đ»Đµ, Đ°Đ<sup>3/4</sup>Ñ€Đµ, Đ¿Đ»Đ<sup>3/4</sup>Đ´Đ°Ñ...,  
 Đ»Đ,Ñ•Ñ,Ñ€Ñ•Ñ..., Ñ†Đ<sup>2</sup>ĐµÑ,Đ°Đ°Ñ....

Đ°Đ°Đ°Đ<sup>3/4</sup>Đ¿Đ»ĐµĐ<sup>1/2</sup>Đ,Đµ Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Ñ... Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ» Đ, Đ,Ñ... Ñ•Đ<sup>2</sup>Đ<sup>3/4</sup>Đ<sup>1</sup>Ñ•Ñ,Đ<sup>2</sup>Đ° Đ•Đ°Đ<sup>2</sup>Đ,Ñ•Ñ•Ñ,  
 Đ<sup>3/4</sup>Ñ, Đ<sup>1/4</sup>Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup>Ñ... Ñ,,Đ°Đ°Ñ,Đ<sup>3/4</sup>Ñ€Đ<sup>3/4</sup>Đ<sup>2</sup>: Đ<sup>2</sup>Đ,Đ´Đ° Ñ€Đ°Ñ•Ñ,ĐµĐ<sup>1/2</sup>Đ,Ñ•, Đ¿Đ<sup>3/4</sup>Ñ†Đ<sup>2</sup>Ñ<,  
 Đ°Đ»Đ,Đ<sup>1/4</sup>Đ°Ñ,Đ°, Đ<sup>2</sup>Ñ€ĐµĐ<sup>1/4</sup>ĐµĐ<sup>1/2</sup>Đ, Đ, Đ<sup>1/4</sup>ĐµÑ,Đ<sup>3/4</sup>Đ´Đ<sup>3/4</sup>Đ<sup>2</sup> Ñ•Đ±Đ<sup>3/4</sup>Ñ€Đ°, Ñ,,Đ°Đ•Ñ< Ñ€Đ°Đ•Đ<sup>2</sup>Đ,Ñ,Đ,Ñ•  
 Ñ€Đ°Ñ•Ñ,ĐµĐ<sup>1/2</sup>Đ,Ñ•, Đ¿Ñ€Đ<sup>3/4</sup>Ñ†ĐµÑ•Ñ•Đ<sup>3/4</sup>Đ<sup>2</sup>Đ<sup>2</sup>Ñ<Đ´ĐµĐ»ĐµĐ<sup>1/2</sup>Đ,Ñ• Đ, Ñ...Ñ€Đ°Đ<sup>1/2</sup>ĐµĐ<sup>1/2</sup>Đ,Ñ•.  
 Đ°Đ°Đ¿Ñ€Đ,Đ<sup>1/4</sup>ĐµÑ€, Ñ†Đ<sup>2</sup>ĐµÑ,Đ°Đ, Đ¶Đ°Ñ•Đ<sup>1/4</sup>Đ,Đ<sup>1/2</sup>Đ° Ñ•Đ<sup>3/4</sup>Đ±Đ,Ñ€Đ°ÑŽÑ, Ñ€Đ°Đ<sup>1/2</sup>Đ<sup>3/4</sup> ÑfÑ,Ñ€Đ<sup>3/4</sup>Đ<sup>1/4</sup>,  
 Đ¿ĐµÑ€ĐµĐ´ Ñ€Đ°Ñ•Ñ•Đ<sup>2</sup>ĐµÑ,Đ<sup>3/4</sup>Đ<sup>1/4</sup>.

ĐšĐ<sup>3/4</sup>Đ»Đ,Ñ†ĐµÑ•Ñ,Đ<sup>2</sup>Đ<sup>3/4</sup> Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Ñ... Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ» Đ<sup>2</sup> Ñ€Đ°Đ•Đ<sup>1/2</sup>Ñ<Ñ... Ñ€Đ°Ñ•Ñ,ĐµĐ<sup>1/2</sup>Đ,Ñ•Ñ...  
 Đ<sup>1/4</sup>Đ<sup>3/4</sup>Đ¶ĐµÑ, Đ°Đ<sup>3/4</sup>Đ»ĐµĐ±Đ°Ñ,Ñ€Ñ•Ñ• Đ<sup>3/4</sup>Ñ, 0,001% Đ´Đ<sup>3/4</sup> 20-25% (Đ<sup>2</sup> Đ¿ĐµÑ€ĐµÑ•Ñ†ĐµÑ,Đµ Đ<sup>1/2</sup>Đ°  
 Ñ•ÑfÑ...Đ<sup>3/4</sup>Đµ Đ<sup>2</sup>ĐµÑ%ĐµÑ•Ñ,Đ<sup>2</sup>Đ<sup>3/4</sup>). Đ´Đ»Ñ• Đ¿Đ<sup>3/4</sup>Đ»ÑfÑ†ĐµĐ<sup>1/2</sup>Đ,Ñ• 2,5 Đ°Đ<sup>3</sup> Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup>  
 Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° Đ»Đ°Đ<sup>2</sup>Đ°Đ<sup>1/2</sup>Ñ< Đ<sup>1/2</sup>ĐµĐ<sup>3/4</sup>Đ±Ñ...Đ<sup>3/4</sup>Đ´Đ,Đ<sup>1/4</sup>Đ<sup>3/4</sup> Đ¿ĐµÑ€ĐµÑ€Đ°Đ±Đ<sup>3/4</sup>Ñ,Đ°Ñ,Ñ€ 100 Đ°Đ<sup>3</sup>  
 Ñ•Ñ<Ñ€Ñ•Ñ, Đ° Đ´Đ»Ñ• Đ¿Đ<sup>3/4</sup>Đ»ÑfÑ†ĐµĐ<sup>1/2</sup>Đ,Ñ• 0,5 Đ°Đ<sup>3</sup> Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Đ<sup>3/4</sup>Đ<sup>3/4</sup> Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° Ñ€Đ<sup>3/4</sup>Đ•Ñ<  
 â€“ 100 Đ°Đ<sup>3</sup> Đ»ĐµĐ¿ĐµÑ•Ñ,Đ°Đ<sup>3/4</sup>Đ<sup>2</sup> Ñ€Đ<sup>3/4</sup>Đ•. ĐŸĐ<sup>3/4</sup>Ñ•Ñ,Đ<sup>3/4</sup>Đ<sup>1/4</sup>Ñf Đ<sup>1/2</sup>Đ°Ñ,ÑfÑ€Đ°Đ»Ñ€Đ<sup>1/2</sup>Ñ<Đµ  
 Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° Đ<sup>1/2</sup>Đµ Đ<sup>2</sup>Ñ•ĐµĐ<sup>3</sup>Đ´Đ° Đ»ĐµĐ<sup>3</sup>Đ°Đ<sup>3/4</sup> Đ´Đ<sup>3/4</sup>Ñ•Ñ,ÑfĐ¿Đ<sup>1/2</sup>Ñ< Đ, Đ<sup>2</sup>Ñ•ĐµĐ<sup>3</sup>Đ´Đ°  
 Đ<sup>3/4</sup>Ñ,Đ»Đ,Ñ†Đ°ÑŽÑ,Ñ•Ñ• Đ<sup>2</sup>Ñ<Ñ•Đ<sup>3/4</sup>Đ°Đ<sup>3/4</sup>Đ<sup>1</sup> Ñ•Ñ,Đ<sup>3/4</sup>Đ,Đ<sup>1/4</sup>Đ<sup>3/4</sup>Ñ•Ñ,Ñ€ÑŽ.

Đ-Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° Đ<sup>1/2</sup>Đµ Ñ€Đ°Ñ•Ñ,Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ€Đ,Đ<sup>1/4</sup>Ñ< Đ<sup>2</sup> Đ<sup>2</sup>Đ<sup>3/4</sup>Đ´Đµ, Ñ...Đ<sup>3/4</sup>Ñ€Đ<sup>3/4</sup>Ñ•Đ<sup>3/4</sup>  
 Ñ€Đ°Ñ•Ñ,Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ€Ñ•Ñ•ÑŽÑ,Ñ•Ñ• Đ<sup>2</sup> Ñ•Đ¿Đ,Ñ€Ñ,Đµ, Đ´Ñ€ÑfĐ<sup>3</sup>Ñ... Đ<sup>3/4</sup>Ñ€Đ<sup>3</sup>Đ°Đ<sup>1/2</sup>Đ,Ñ†ĐµÑ•Đ°Đ,Ñ...  
 Ñ€Đ°Ñ•Ñ,Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ€Ñ,ĐµĐ»Ñ•Ñ..., Đ° Ñ,Đ°Đ°Đ¶Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ°Ñ..., Đ¶Đ,Ñ€Đ°Ñ..., Đ<sup>2</sup>Đ<sup>3/4</sup>Ñ•Đ°Đµ. Đ-Ñ,Đ,  
 Ñ•Đ<sup>2</sup>Đ<sup>3/4</sup>Đ<sup>1</sup>Ñ•Ñ,Đ<sup>2</sup>Đ° Đ¿Ñ€Đ,Đ<sup>1/4</sup>ĐµĐ<sup>1/2</sup>Ñ•ÑŽÑ,Ñ•Ñ• Đ¿Ñ€Đ, Ñ€Đ°Đ•Đ»Đ,Ñ†Đ<sup>1/2</sup>Ñ<Ñ... Ñ•Đ¿Đ<sup>3/4</sup>Ñ•Đ<sup>3/4</sup>Đ±Đ°Ñ...  
 Đ,Đ•Đ<sup>2</sup>Đ»ĐµÑ†ĐµĐ<sup>1/2</sup>Đ,Ñ• Ñ•Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Ñ... Đ<sup>1/4</sup>Đ°Ñ•ĐµĐ».

**ĐŸÑ€Đ,Đ<sup>1/4</sup>ĐµĐ<sup>1/2</sup>ĐµĐ<sup>1/2</sup>Đ,Đµ**

Đ-Ñ,,Đ,Ñ€Đ<sup>1/2</sup>Ñ<Đµ Đ<sup>1/4</sup>Đ°Ñ•Đ»Đ° Đ,Ñ•Đ¿Đ<sup>3/4</sup>Đ»Ñ€Đ•ÑfÑŽÑ,Ñ•Ñ• Đ´Đ»Ñ• Đ°Ñ€Đ<sup>3/4</sup>Đ<sup>1/4</sup>Đ°Ñ,ĐµÑ€Đ°Đ¿Đ,Đ,,

